



# TIPS ON TRIPS



## Lost Luggage: Tips To Carry On Feeling Good

(NAPSA)—There are a number of ways to keep lost luggage from ruining a trip. That's good news, considering that every year, more than 30 million pieces of luggage are lost by major airlines. Orbitz, Expedia and other travel experts say the key is to plan ahead and pack your carry-on accordingly. Try these tips to carry on feeling good:

### Medication

Never pack medication in checked baggage. Instead, restock any daily medications you're taking, such as those for cholesterol, allergy and/or blood pressure, before leaving and pack them in your carry-on. It's also a good idea to bring more medication than you'll actually need while you're away—you never know when weather or other circumstances may force you to extend your traveling by a day or two.

### Comfort

Use your carry-on bag to pack a variety of travel-size products. For example, Oil of Olay makes Daily Facials Express Wet Cloths that wipe away dirt and makeup and come in a small convenient pack. A travel-size tube of deodorant and a small bottle of Purell hand sanitizer are other essentials to help you freshen up, should you get separated from your luggage. Don't forget your mouth by bringing a toothbrush such as the Oral-B Pulsar. Its special technology will clean between teeth and along the gum line, leaving you with a cleaner-feeling mouth and fresh breath even if you're without your bags for hours on end.



**Smart Ways To Carry On: A well-stocked carry-on bag can help you deal with lost luggage.**

### Clothing

Bring a change of clothes in your carry-on. If you can't fit a whole outfit, at least bring some undergarments so you can feel fresh after a long trip. If you have a favorite body splash or cologne, you may want to bring that to help you feel fresh and relaxed. TAG makes a body spray just for men that is easy to carry and comes in four different scents.

### Valuables

Lastly, never pack your passport, ID, tickets or any important documents in your checked luggage. If you don't know whether you should check a document, ask yourself if you'll need it within the first two days of reaching your destination. If you will, keep it in a carry-on. You should also carry your valuables with you—including electronics, jewelry and money.