MOVINGIDEAS

Do-It-Yourself Moving Made Easy

(NAPS)—In today's economy, many families are choosing to move themselves to save money. These quick tips from Penske Truck Rental can help ensure that your move is smooth and easy.

"Moving is one of life's most stressful moments," said Don Mikes, vice president of consumer truck rental for Penske. "Our goal is to help guide people through their journey."

Select Smart. A 12- or 16-foot truck is ideal for moving a few large items or the contents of a small condo or apartment.

Reserve Early. Book your rental truck at least two weeks in advance.

Pack Wisely. Load your heaviest items first. Avoid injury by always bending your knees and lifting with your legs.

Use Accessories. Boxes, Bubble Wrap, moving blankets and hand-trucks are essential to protect your items and make your move more enjoyable.

Mark Boxes. Label as you pack. It makes it easier to put the boxes in the right room while unloading.

Think Safety. Trucks are taller, wider, heavier and require more stopping distance than cars.



A little preparation goes a long way to ensure an easy do-it-your-self move.

Pick up your truck early. Practice driving. Take precautions when the truck is loaded. Beware of low-hanging branches, overhangs and when cornering. Park in well-lit areas. Padlock the rear door. Penske Truck Rental has 24/7 emergency roadside assistance and optional protection plans.

Get Oriented. Ask the truck rental associate to walk you through the features. It should be a clean and well-maintained vehicle.

Drive Green. Use a truck rental company affiliated with EPA's SmartWay program.

A little preparation goes a long way to ensure an easy move. Get more free moving tips at www.GoPenske.com.