



HEALTH CARE CHOICES

Health Care Information

(NAPSA)—Many seniors are filling a prescription for remaining independent by finding trusted sources of information about the best health care products and services available.



Products and services for better aging are available through a new Senior Network.

An increasing number of seniors—and their families—are searching online for information about supportive services that help with shopping, companionship, light housekeeping, transportation and other aspects of daily living. For example, the senior network section of the Interim HealthCare Web site, www.interimhealthcare.com, provides access to comprehensive “problem solving” information and personal care products.

The site offers a free online independent living assessment to help determine if you or someone you love is safe at home.

There’s also an e-mail option so visitors can ask an expert about geriatric medications, home safety, chronic illness and exercise and mobility issues.

To become a free member of Interim HealthCare Senior Network, you may visit the Web site at www.interimhealthcare.com or call toll free 1-866-414-4143.