

FOR SENIOR CITIZEN CAREGIVERS

Long Distance Care

(NAPSA)—Many of the millions of Americans who provide support, resources and friendship to elderly loved ones do so from a town, city or state far from that of the person they are caring for.



A government service can help make it easier to provide information, resources and support to a loved one who lives far away.

Helping an older relative or friend who lives far away can be difficult. For example, making numerous long-distance calls to track down information about services is often expensive and time consuming—especially when the calls need to be made during the workday.

To help make long-distance caring easier, many people organize their efforts with services such as the Eldercare Locator (1-800-677-1116), a nationwide toll-free public service. The Eldercare Locator is a public service of the U.S. Administration on Aging administered by the National Association of Area Agencies on Aging. Callers to the Locator can reach trained information specialists who connect them to organizations that provide services, such as transportation, adult day care, and home care for senior citizens in the communities where their loved ones live.

The specialist can also connect calls directly to the referral agency saving the caller long-distance charges.

In addition to calling, consumers can access the service at www.eldercare.gov.