

Living Independently Longer

(NAPSA)—It was the smoke that started him thinking. While traveling in Ireland, Dr. Anthony Glascock learned that seeing it—or worse, *not* seeing it—rising from chimneys each morning was how local farmers knew if their parents were up and about each day and had lit a fire. Glascock realized he wanted that same feeling of comfort when it came to keeping track of his own mother in Florida—without having to rely on smoke signals.

That's why he and a colleague invented an easy-to-use system that lets seniors live independently longer but with greater peace of mind for themselves and their families. Called the Living Independently QuietCareSM System, it's comprised of five discreet, wireless activity sensors and a small substation—all placed strategically in seniors' homes—that collect information on their daily activities.

Have they gotten out of bed yet? Have they navigated the bathroom safely? Have they prepared their meals and taken their medication?

The numbers tell why such a system is so increasingly important. More than 35 million people in the United States are now over age 65 and about 30 percent live alone. Meanwhile, America's estimated 22 million family caregivers provide an average 15 hours of care per week—often in addition to holding down a full-time job and raising their own children.

“Helping seniors live more safely in their own homes, while providing their families with peace of mind, is paramount,” says Steve Cohen, president and CEO of Living Independently, which manufactures and markets the QuietCare System.



A new monitoring system can help seniors lead safe and independent lives.

What makes the patented QuietCare System so truly unique is that it “learns” each individual's normal patterns and notes any changes in those norms. Any irregularity triggers immediate assistance and/or an alert to caregivers or family members sent via phone, a secure Web page, text message, pager or fax. It's up to the senior to choose which family member or caregiver receives the information—making it both senior-respectful and family friendly.

For seniors, it provides a sense of privacy and security, allowing them to maintain a role in their own healthcare without the intrusion of aides, cameras or microphones. For the caregiver, it instills the confidence of a 24/7 safety system and the knowledge that they won't find their loved one stranded on the bathroom floor after falling two days earlier.

There are three types of monitoring that can be individually customized.

You can learn more at www.livingindependently.com or by calling 1-866-216-4600.