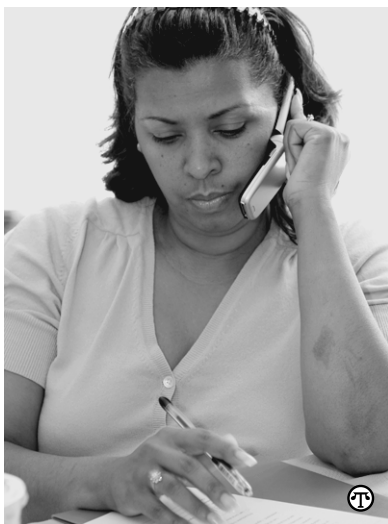


Retirement

A Guide For Boomers

(NAPSA)—It is never too early for baby boomers to start planning for retirement. That's the message from a guide designed to reach boomers with retirement planning information.



While some boomers are saving for retirement, they might not be saving enough.

In July, the Eldercare Locator, a free service of the U.S. Administration on Aging, asked callers who are older boomers ages 51-60 if they are saving for retirement. While 60 percent of these callers said they are saving annually, over half think they will need to work past age 65.

The guide, called "Pick Up The Pace," urges boomers to plan to have a long, active and healthy life; act now to have flexible choices later; and control finances and evaluate lifestyle options that impact financial security.

Copies of the "Pick Up The Pace" guide are available online at www.eldercare.gov and www.csrees.usda.gov/fsll, and by calling the Eldercare Locator at (800) 677-1116.