

## **Protecting Yourself From Identity Theft**

(NAPSA)—Experts estimate that more than a half-million Americans have their identities stolen by thieves each year.

In many cases victims are left with ruined credit histories, angry creditors and a sense of being violated.

To help consumers protect themselves from identity theft, a company called PrivacyGuard (www.privacyguard.com) offers this list of tips.

• Review credit reports from each of the three national reporting agencies at least twice a year.

• Don't carry a Social Security card, bank account numbers, PINs, passport or birth certificate in a wallet.

• Never include a driver's license number or Social Security number in the printed information on checks.

• Keep backup information about your accounts, just in case your wallet is lost or stolen. Consider using a service to handle replacement of cards, and deliver advice on protecting yourself and your credit following a loss or theft.

• Never give out personal information (such as your Social Security number, credit card numbers or your address) over the telephone unless you initiate the call, and it's to a well-known trusted outfit. Don't provide personal information



There are practical steps consumers can take to protect themselves from identity theft.

when using a check or plastic for purchases at a cash register.

• Cancel any credit cards you don't really need or use.

• Instead of throwing them out, shred credit card applications you receive in the mail, along with bank statements, 401(K), stock and financial statements, and any other financial documents.

• If your social security number is on your driver's license, ask your state for a new number and license.

To learn more, visit the privacy guard.com Web site or call direct 1-800-37-GUARD.