

Health Awareness



Fight The Flu With Vaccination

(NAPSA)—If you are like many Americans, you won't receive a flu vaccination this year, thinking that influenza is not a serious disease, that your flu vaccination from last year still works, or that the vaccine is not for the healthy.



A flu shot reduces the average 2.8 days lost from work annually.

The truth is that nearly everyone should be protected against influenza. One of the world's most deadly diseases, it kills 20,000 people a year in this country alone. In addition, the virus changes rapidly, so just because you were vaccinated last year doesn't mean you are protected this year.

Fortunately, a leading vaccine distributor, Henry Schein, Inc., has 10 million more doses available now than last year, so more at-risk people, including the elderly, can be vaccinated. It also means healthy adults can receive the protection they need to avoid a miserable disease that can keep them out of commission for days.

For more information on vaccine supply, physicians can call 1-800-772-4346 or see the Web site: www.henryschein.com. Anyone can learn more about the flu online at www.cdc.gov.