

Eye Care Tips For Parents

(NAPSA)—Parents can help children avoid unnecessary academic problems by identifying and correcting vision problems early.

Particularly in this computer age, healthy vision is essential for kids to learn and excel into adult life. Experts agree it is imperative to regularly schedule your children



for complete eye exams with a doctor.

“Many parents don’t realize that one in four children have a vision problem that can interfere with their learning,” says Joe LaMountain, Vice President of Strategic Communications at the Vision Council of America.

Parents need to schedule routine visits with an eye doctor.

Warning signs of vision problems include:

- Squinting, rubbing or excessive eye blinking
- Headaches, clumsiness, bumping into objects
- Dizziness, hand/eye coordination difficulties or lack of concentration
- Holding objects too close to view.

If you catch your child exhibiting these warning signs, schedule a complete exam with an eye doctor. If your child does need eyeglasses, there are some easy solutions. For example, ClearVision Optical has a large choice of kids frames—from infancy through teenage years. Brands include Fisher-Price Eyewear, Jessica McClintock Eyewear, Izod Kids Eyewear, Save the Children Eyewear and Op Kids Eyewear collections.

For more kids frame information, call Clear Vision Optical Company at 800-645-3733 or visit www.cvoptical.com.