

# Health Bulletin



## Your Eyes: A Window To Your Total Body Health

(NAPSA)—Your next eye exam could tell a doctor a lot about your overall health.

A new eye exam technology known as the optomap® Retinal Exam\* does more than make annual eye exams easier and more convenient. This state-of-the-art retinal-scanning technology provides “a view” into a person’s eye health and overall health, making it easier to help detect disorders and diseases from glaucoma to diabetes and certain cancers.

The retinal exam provides a wider view of the retina than the traditional retinal exam, and arms optometrists and ophthalmologists with clinically useful information that can be critical in early detection of eye disorders and diseases such as glaucoma, diabetic retinopathy and age-related macular degeneration.

Retinal imaging can also help indicate evidence of noneye or systemic diseases such as diabetes, hypertension and certain cancers.

“Until the optomap Retinal Exam, traditional undilated eye examinations only took a one-dimensional look at the eye,” says Dr. Mark Jacquot, O.D., Vice President of Eyecare for Pearle Vision, Inc., the first mass-market retailer in the nation to make the technology widely available. “A retinal scanning exam provides professionals with a wider look at the inner workings of the eye with the simple click of a button. Plus,

Besides providing a convenient eye exam, state-of-the-art digital retinal exams can:

- scan 82 percent of the retina
- help detect glaucoma
- help detect diabetes
- help detect age-related macular degeneration
- help detect certain cancers.



patients like it because it is noninvasive, and though some situations may require a dilated exam, this exam typically does not; most patients can resume their daily activity immediately following the exam.”

Having the exam is quick, safe and comfortable for patients of all ages, from infants to seniors.

Patients look into the optomap scanning device and, with the click of a button, an ultrawide-field digital scan of the retina is instantaneously captured, covering approximately 82 percent of the retina, compared with a traditional undilated exam, which allows the doctor to see only 15-20 percent of the retina.

The patient’s image is displayed on a computer monitor, allowing the eye care professional to review it quickly and interactively with the patient and, if necessary, refer the patient to a retinal or other health care specialist.

Additional information is available at [www.pearlevision.com](http://www.pearlevision.com).

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\*\*Eye exams available by the Independent Doctors of Optometry at or next to Pearle Vision in some states. Doctors in some states are employed by Pearle Vision, Inc.