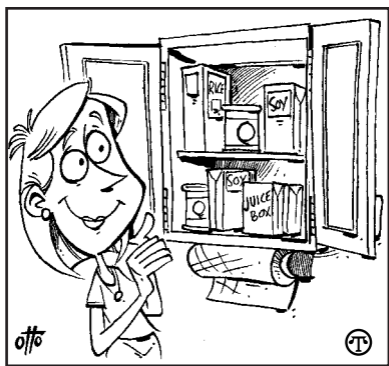


SAFETY SENSE

Getting Ready For The Unexpected

(NAPSA)—Surprising as it may sound, it is possible to prepare for natural disasters and the unexpected.

Since hurricanes, floods, forest fires and other disasters can strike at any time, following a few simple guidelines can help protect your family should a catastrophe take place.



Beverages packaged in aseptic boxes can remain on a storage shelf, unrefrigerated, for six months to a year or more.

For example, in an out-of-the-way area of your home, store enough water to last four or five days. Two gallons per day, per person, should be enough for drinking, cooking and sponge baths.

You'll also need nutritious, non-perishable food. To make storage easier, experts recommend buying food and beverages in aseptic packages, commonly known as drink boxes.

These boxes make it possible for their contents to remain on a storage shelf, unrefrigerated, for six months to a year or more, without preservatives. Look for soups, broths, fresh cow's milk, soy beverages, tofu and fresh tomatoes in these cartons.

For more information on disaster preparedness, contact the American Red Cross or your local county extension office.