



# spotlight on health

## Fight Against Breast Cancer Reaches New Peak

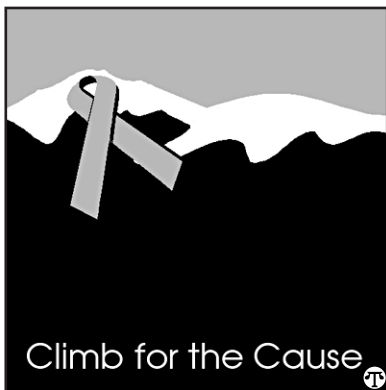
(NAPSA)—When it comes to the fight against breast cancer, there literally “ain’t no mountain high enough” to dissuade people from reaching for the ultimate goal. Even though the struggle to find a cure is an uphill climb, five heroic women from Alabama are taking their cause all the way to the top—of Mt. Kilimanjaro in Africa.

The Women of Mt. Kilimanjaro, climbing for themselves and their sisters and mothers and friends, will give hope to thousands of women and their families who face breast cancer today and in the future. They are currently raising funds and training for their September journey to Tanzania.

The expedition will begin in the rain forest at 7,000 feet above sea level, and climb upward for six days through a variety of terrain, including a highland desert. They will reach the summit in snow at 19,340 feet above sea level—the “Top of Africa”—on October 4.

The Climb for the Cause is raising money for breast cancer research. Breast cancer is the most common cancer in American women and the second deadliest. Approximately 212,000 women will be diagnosed with the disease in 2003, with more than two-thirds of those women being over the age of 40.

Early detection is still the best opportunity to lower death rates. New treatments as well as better



**A heroic effort is underway in the uphill battle against breast cancer.**

methods of drug delivery and surgery are emerging, but not fast enough for the almost 40,000 women who will die from breast cancer this year.

The need is great, the cause is worthy and the summit is attainable. With your help, the Women of Mt. Kilimanjaro will not only physically climb the mountain, but also metaphorically conquer the challenge faced by every woman and her family that is touched—or will be touched—by breast cancer.

To learn more, or to make a contribution, write to Climb for the Cause, #134, 9340 Helena Road, Suite F, Birmingham, AL 35244-1747 or send an e-mail to [climbforthecause@aol.com](mailto:climbforthecause@aol.com).