

# COLLEGE CORNER

## Coping With Pressure

(NAPSA)—Helping college students cope with the academic and social pressures they often face may be one way to prevent the estimated 1,100 suicides expected to occur on campuses this year.

The non-profit Jed Foundation, named for Jed Satow, a 20-year-old college student who committed suicide in 1998, provides a checklist to help in the college search process:



**A checklist will help parents and students identify colleges with adequate resources for mental health support.**

- Are 24-hour mental health services available on campus? In the nearby community?
- How specialized are the services?
- Are faculty members and students trained to identify suicidal behaviors?
- Are transitional support systems available to incoming students who have already been diagnosed as having an emotional disorder?

For a complete checklist and more information, visit [www.jedfoundation.org](http://www.jedfoundation.org) or call (212) 343-0016.