



Community Concerns

Helping Fight Hunger

(NAPSA)—Going hungry may help stop starvation. That's the idea behind a national initiative in which teens voluntarily go for 30 hours without eating—all in an effort to gain a better understanding of living in poverty.



Young Americans are going without to help those in need.

The program, called World Vision's 30 Hour Famine, brings over 15,000 youth groups together from across the country. Group members raise money through donors and sponsors before they fast, and then during the fast, they engage in different community service projects. The money raised is sent to World Vision. The group then puts it to work in areas including Kenya, Sudan and the United States.

In 2004 alone, more than 500,000 youngsters helped raise over \$11 million to fight hunger. It's hoped their efforts can help reverse a disturbing and dangerous trend: 29,000 children die from hunger and hunger-related illnesses annually.

For more information, visit www.30hourfamine.org.