

Entertaining Ideas

A Reason To Party For A Cause

(NAPSA)—Would you eat a grasshopper to help save a child's life? Well, you may not have to go that far, but a new program is bringing families and friends together across the country to enjoy international cuisine and raise funds to support health education and humanitarian programs around the world.

Project HOPE (Health Opportunities for People Everywhere), an international health and humanitarian assistance organization, has put at the fingertips of potential "HOPEfest" hosts all the information they need to throw a party. From sample invitations to instructions for games to recipes for international cuisine, the organization has thought of everything a person would need to hold an event.

One of the dishes featured in the program is hummus, a side dish popular in Egypt. Here's how to make hummus for four:

Hummus

- 1 cup dried chickpeas (garbanzo beans)**
- 2 garlic cloves**
- juice from 1½ lemons**
- 3 tablespoons of olive oil**
- 3 tablespoons tahini**
- ground cumin**

Soak chickpeas overnight in water. Drain. Simmer in water until tender. Drain and let cool. Put cooked chickpeas, garlic, lemon juice, oil and tahini in a food processor and blend. Add water until the hummus becomes smooth and creamy. Season with salt, ground cumin and olive oil.

One example of Project HOPE's work is its efforts to decrease childhood deaths related



International-themed dinner parties for family and friends can help raise money for health education programs worldwide.

to pneumonia, the single largest killer of children throughout the world, claiming over 2 million lives a year.

The organization supplies clinics with medicine and trains health personnel to properly prescribe and administer the medications. In addition, it's reaching out to mothers and other caregivers, educating them on how to recognize the symptoms of pneumonia while it is still treatable.

Founded in 1958, Project HOPE operates health-improving and lifesaving programs in more than 30 countries.

Details about Project HOPE's other programs can be found on the Web in a user-friendly format to assist potential hosts to better explain the health challenges and solutions that Project HOPE delivers. More information, including "Seven Easy Steps to Hosting," is available at www.projecthope.org by clicking on the HOPEfest link.