

Cool It! Put The Freeze On Summer Heat

(NAPSA)—Summer days are long and hot, and filled with backyard barbecues and afternoons by the pool. Enjoy this time with the family and stay out of the hot kitchen by preparing snacks that are easy to make and cool enough to beat the heat.

This summer, make JELL-O® Homemade Pudding Pops and share the magic of a childhood favorite. Or let refreshing JELL-O® Fruity Gelatin Pops keep your family cool. Both are great tasting snacks for kids, and so easy to make they'll keep everyone smiling.

For more information on JELL-O® products, and other summertime snacks and recipes, log on to www.jell-o.com.

JELL-O® HOMEMADE PUDDING POPS

- 2 cups cold milk
- 1 pkg. (4-serving size)
JELL-O® Instant Pudding
& Pie Filling, any flavor
- 6 5-ounce paper cups

POUR milk into medium bowl. Add pudding mix. Beat with wire whisk 2 minutes. Spoon into paper cups. Insert wooden pop sticks into each for handle.

FREEZE 5 hours or overnight until firm. To remove pop from cup, place bottom of cup under warm running water for 15 seconds. Press firmly on bottom of cup to release chiller. (Do not twist or pull pop stick.) Store leftovers in freezer.

Makes 6 servings.

Variations:

Rocky Road Pudding Pops: Use JELL-O® Chocolate Flavor Instant Pudding & Pie Filling, and stir in ½ cup miniature marshmallows and ¼ cup each chopped peanuts and chocolate chips.

Double Decker Pudding Pops: Prepare 2 packages (4-serving size) JELL-O® Instant Pudding & Pie Filling, any flavors, each with 2 cups milk as directed on package for pudding. Spoon about 1/4 cup of one flavor pudding into each of 9 (5-ounce) paper cups.



Don't just stand there and swelter! Cool off with summer-licking dessert snacks.

Repeat with remaining flavor of pudding.

JELL-O® FRUITY GELATIN POPS

- 1 cup boiling water
- 1 pkg. (4-serving size)
JELL-O® gelatin dessert,
any flavor
- ½ cup sugar
- 2 cups cold water
- 7 5-ounce paper cups

STIR boiling water into gelatin and sugar in medium bowl at least 2 minutes until completely dissolved. Stir in cold water. Pour into cups. Freeze about 2 hours or until almost firm. Insert wooden pop sticks into each for handle.

FREEZE 5 hours or overnight until firm. To remove pop from cup, place bottom of cup under warm running water for 15 seconds. Press firmly on bottom of cup to release pop. (Do not twist or pull pop stick.) Store leftovers in freezer.

Makes 7 servings.

Variations:

Strawberry Pops: Use 1 cup boiling water, JELL-O® strawberry flavor gelatin dessert, ½ cup sugar, 1 cup cold water and 1 cup puréed strawberries.

Lemonade Pops: Use 1 cup boiling water, JELL-O® lemon flavor gelatin dessert, ½ cup sugar, 1¾ cups cold water and ¼ cup lemon juice.

Orange Pops: Use 1 cup boiling water, JELL-O® orange flavor gelatin dessert, ½ cup sugar and 2 cups orange juice.