## Delightful Food Ideas

## A New Dessert Idea That's A Natural

(NAPSA)—There's sweet news for those who crave a rich and creamy dessert, but are lactose intolerant. Thanks to a new twist on a favorite treat, everyone can indulge and enjoy delicious, allnatural pudding made with soy.

That's because there's a new certified-organic version of a popular, ready-to-eat refrigerated dessert that can be enjoyed anytime.



A company known for its convenient, ready-to-eat desserts is introducing a line of pudding that's made with soy.

The product, Kozy Shack Soy Pudding, comes in two flavors—chocolate and vanilla. In addition to great taste, it contains no hydrogenated oils, no artificial colors or flavors, no preservatives and 0g trans fat. It's also cholesterol, lactose and caffeine free and is considered suitable for a vegan diet.

Long recognized as a valuable part of a nutritionally balanced diet, soy is versatile, affordable and can increasingly be found in soups, entrees, shakes and, now, even desserts.

To learn more, visit kozy shack.com.