

# Pointers For Parents After-School Snacks

(NAPSA)—When children get home from school after a long day of learning, they're often hungry for a snack. To help students snack smart, it's up to parents to make sure there are healthy choices in the house.

One important aspect of snack shopping is to choose healthy snacks that kids love. A great option is Pretzel Crisps from The Snack Factory. These thin, crunchy pretzel crackers have no trans fat and no cholesterol in



**Stocking the pantry with healthy, low-fat snacks such as Pretzel Crisps can help keep kids satisfied after school.**

each 110-calorie serving. Plus, they can be deliciously paired with peanut butter or cheese for an added nutritional punch.

These great-tasting snacks are available in a variety of flavors including all-natural Original, Everything, Honey Mustard & Onion, and Garlic to please a variety of palates. To learn more, visit [www.pretzelcrisps.com](http://www.pretzelcrisps.com).