

Fresh To The Table

(NAPSA)—Casual meals offer a great excuse to broaden your food horizons—using fresh, healthy guacamole, salsa and yogurt-based veggie dips.

• Serve up cut veggies, tortilla chips or a plate of homemade nachos with four salsa flavors: Classic, Southwestern Style, Homestyle, and Chunky Pico de Gallo.



Greek yogurt dips are a greattasting alternative to fattening sour cream-based dips.

•Veggies are also delicious with Greek Yogurt Veggie Dips, which combine the delicious creaminess of small-batch Greek yogurt with fresh vegetables, herbs and spices. Roasted Garlic, Spinach & Artichoke, Sun Dried Tomato, and Onion & Fresh Herbs dips by Sabra provide a great-tasting alternative to fattening sour cream-based dips.

• Natural Guacamole made fresh from Mexican-grown Hass avocados is nutritious, flavorful, all-natural, gluten-free and kosher. Use it to sub for mayonnaise or as a dip.

•Yummy hummus adds even more flavor. Sabra's Basil & Pesto Hummus blends fresh pesto with creamy classic hummus. Buffalo Style Hummus delivers a worldly take on an American favorite.

For more information, visit www.sabra.com.