

HOLIDAY Entertaining

Stay Fit Through The Holidays

(NAPSA)—When it comes to holiday entertaining, less really can be more. For example, non-alcoholic drinks can make the ride home safer—and trim calories.

A growing number of holiday revelers find that reduced-calorie non-alcoholic beverages suit today's more active lifestyles.



In keeping with an appreciation for fitness, many Americans prefer non-alcoholic beverages.

One alternative may be a non-alcoholic beer, such as Clausthaler. It's brewed according to the "Reinheitsgebot" proclamation of 1516 made by Duke Wilhelm IV of Bavaria, stating "no other ingredients shall be used for making beer, but only barley, hops, yeast and water."

A 12-ounce bottle of Clausthaler has only 96 calories—40 percent fewer calories than a full-strength beer. The award-winning Binding Brauerei spent nearly a decade developing a product that goes well with food and is sure to please those who enjoy German beer. To learn more, visit the Web site at www.clausthalerusa.com.