

# FRUIT SCOOPS

## Tropical Fruit Can Help Your Health



(NAPSA)—About the size of a peach, with a dark purple rind and white center, the mangosteen fruit, or *Garcinia mangostana*, has been revered for its health benefits and touted for its delicious taste. This tropical fruit, found primarily in Southeast Asia, is composed of a rind, pulp and seeds. Known to most natives as the “Queen of Fruits,” the mangosteen is the leader among all other botanicals in containing xanthones—a family of vigorous phytonutrients with significant antioxidant properties.

Research shows the mangosteen fruit, especially the rind, is nature’s greatest source of xanthones. More than 40 xanthones have been identified in the exotic fruit. Studies show that xanthones promote several health benefits—from supporting immune-system health to promoting cartilage and joint function.\* Xanthones can help maintain the integrity of the stomach’s lining and a healthy seasonal respiratory system.\*

According to Asian folklore, the mangosteen was used by countless generations to treat dysentery, diarrhea and urinary tract infections, and topically to treat eczema and other skin and wound

disorders. Traditionally, the pericarp of the mangosteen fruit, which consists of the pulp and the rind, was used to control fever and ward off infections.

Unavailable to be imported into the United States, the mangosteen fruit is now available to consumers in the form of a beverage. XanGo Juice is a daily dietary supplement that harnesses the nutritional attributes of the whole mangosteen fruit through a potent proprietary formula. Created from an exclusive puree of the entire mangosteen, this juice is the most concentrated source of xanthones available in a beverage.

The taste has been described as sweet, snappy, crisp, revitalizing and sensational. One to three ounces each day is recommended to realize the health properties from the xanthones found in the mangosteen. Each bottle of juice passes more than 220 quality tests before it is served to consumers worldwide. This beverage marks the creation of a new supplement category, which brings to the world the mangosteen and the prized nutritional properties of xanthones.

For more information, visit [www.xango.net](http://www.xango.net).

*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*