

News Of Nutrition

Noni: A Tahitian Fruit With A World Of Benefits

(NAPSA)—A fruit called noni is quickly becoming the apple of nutritionists' eyes. The healthy tropical fruit, which is relatively new to America, is about the size of a potato and has been eaten in Tahiti for generations, where it's considered to have beneficial health properties.

Noni is proven to support the immune system, contain superior antioxidants that help protect the body against free radicals, increase energy, and allow greater physical performance levels.

Noni is a versatile plant with many other consumer benefits. Its seeds are used in a variety of beauty products and its leaf is used as an herbal tea. Products using noni range from weight-management supplements for women over 40 to skin care to products for animals. But the best way to enjoy the fruit—and maximize its health benefits—is as a juice.

So how can you get your daily dose of TAHITIAN NONI® Juice? It's recommended that people drink two ounces a day. TAHITIAN NONI® Juice is made mainly from noni puree (finely mashed noni fruit, a lot like apple sauce), along with small amounts of grape and blueberry juice concentrates. The added berries enhance the unique flavor of the juice—and research



WHAT'S A NONI? Noni is a small fruit found in tropical climates and is relatively new to the U.S. TAHITIAN NONI® Juice, which is made from the noni fruit, is high in antioxidants and nutrients.

shows that the berries work synergistically with noni to provide the perfect health-balancing product.

“Noni is one of the hidden secrets in the nutrition world,” says Dr. Jonny Bowden, an American nutritionist and weight-loss expert. “It's a great addition to the daily regimen of anyone looking for optimal health and wellness.”

TAHITIAN NONI® Juice is sold in one-month supplies (1-liter bottle). The juice may be purchased from Tahitian Noni International Independent Product Consultants, online at www.TahitianNoni.com, or by calling (888) 869-9254.