

Healthy Living



A Water Designed To Deliver Herbal Benefits

(NAPSA)—Herbs can do more than flavor food. Many of the herbs used today as seasonings were originally used as medicines.

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Now, a new product is said to offer these benefits by infusing culinary herbs in pure water.

Called Ayala's Herbal Water, it's made without artificial sweeteners, preservatives or additives of any kind. Since it is made through an infusion process, the nutrients—and their potential benefits—are derived directly from the plants, rather than through additives.

Created by Ayala Laufer-Cahana, M.D.—a cook, trained pediatrician, artist and lifelong vegetarian—the water is available at www.herbalwater.com.