

# Pointers For Parents

## Family Fun Made Easy

(NAPSA)—When the kids are on vacation it can be a good time for families to spend quality time together enjoying the warm weather and having fun. While organizing activities for the family is often easy, planning the family's food can be a real challenge.

Instead of packing the same old sandwiches, you can treat everyone to a delicious, modern alternative—a wrap. They're so easy and fun to prepare that even the kids will want to help make them. You can be as adventurous as you'd like with your fillings, using some of your favorite sandwich recipes or creating your own unique wrap. Just make sure you have some flour tortillas (which you can buy in local grocery stores), some mayonnaise (Hellmann's® and Best Foods® Big Squeeze™ Mayonnaise bottles are easy to use and kid-friendly) plus the filling of your choice and you are ready to go. For the next family outing try this innovative, tasty wrap recipe—with three easy steps, it is a great complement to any outing.

### Crunchy Ham and Cheese WrapWich™

**Serves 4, Prep. Time: 5 minutes**

**Hellmann's® or Best Foods®  
Big Squeeze™ Real  
Mayonnaise**

**4 (8-inch) flour tortillas**

**4 lettuce leaves**

**1 medium tomato, cut into 8  
wedges**

**12 thin slices cooked ham**

**4 slices American cheese,  
halved (about 4oz)**

**Potato chips**

- 1. Squeeze it:** Squeeze Hellmann's® or Best Foods® Real Mayonnaise generously onto tortillas.
- 2. Stuff it:** Layer lettuce, tomato, ham and cheese down



**Fun is the key ingredient for these wraps, perfect for lunch or dinner.**

**center of each tortilla. Top with potato chips.**

- 3. Wrap it:** Roll and fold the filled tortilla.

It's a whole new way to have "fun" with a sandwich and so simple almost anyone can make it. Convenience is something to strive for, these wraps are a great solution—they are portable, mess-free and you don't even need to use utensils when preparing them. Great food on the go for the whole family. Hellmann's® and Best Foods® Mayonnaise has even created WrapWich™ Kits. It consists of 24 WrapWich™ wrappers which you just pop your finished wrap in, a recipe booklet filled with seven tasty, easy-to-make recipes and a wrapper template—so you can make your own wrappers at home with food-safe paper. For more information on how to order these free kits visit [www.hellmanns.com](http://www.hellmanns.com) or [www.best-foods.com](http://www.best-foods.com).