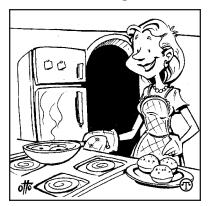


## **Everyday Cooks Reveal Their Time-Saving Secrets**

(NAPSA)—When more than 4,000 people from New Jersey to California submitted some of their favorite ways to save time in the kitchen, the result was a variety of time-savers that cooks everywhere can share. Here are six of the 10 Grand Prizewinning tips from the Stouffer's Oven Sensations "Sensational Time-Saving Tips" contest.

- Pancake Squares?—Instead of standing at the griddle, cooking pancake after pancake, spread the batter onto a greased jellyroll pan and bake for 15 minutes. Cut the pancakes into 4-inch squares and serve.
- No Hassle Garlic—Garlic skins slip right off after microwaving the cloves for 12 seconds.
- Slice and Dice—Use your butter-pat slicer instead of a knife to cut mushrooms quickly, safely and easily.
- Doth Your Pot Run Over?—If you spray oil around the top of a pot before adding the water, it will be less likely to boil over.
- A Meaty Muffin—Meatloaf baked in muffin tins saves time and looks as cute as can be.



KITCHEN SECRETS—The secrets of speedy cooks are finally revealed. With them, you can save time in the kitchen and spice up your meals in no time.

• Holy Hamburgers—Hamburger patties cook much quicker if you make a hole in the center of the patty. As the hamburger cooks, the hole disappears.

Visit www.OvenSensations.com to view a complete list of the Grand Prizewinning tips and the 40 runners-up tips, as well as information about Stouffer's Oven Sensations.