

Tasty, Easy Meal Ideas For Busy Time Of Year

(NAPSA)—When extra-curricular activities start filling up calendars, they may take time away from day-to-day chores such as cooking. Regardless of how busy families are, dinnertime can still be a time of caring and enjoying one another.

Now, getting from the kitchen to the dinner table can be quick and easy with new Home Style Entrées and Sandwich Starters. The two fully cooked products are ready to eat in minutes, leaving more time for personal and family activities.

“People have always counted on Butterball to make meal occasions exceptional,” said Sherleen Clausen, culinary expert at the Butterball Turkey Company. “Now we are helping make everyday meals special. You can serve Butterball Sandwich Starters and Home Style Entrées any night of the week without fuss,” she said.

Convenience foods are more important to busy families today than 10 years ago, with nearly 50 percent of people saying that it is “most important in the foods I eat,” according to NPD Group’s Eating Patterns in America Study, 2001.

Clausen added that that fully cooked items meet the growing need for easy-to-prepare meals. “People are getting home later in the evening and about 40 percent of evening meal decisions are not made until after 4 p.m. that same day,” she said. “That’s not leaving lots of time to plan or prepare meals.”

She offers these suggestions for exceptional weekday meals in a snap.

- Boil your favorite shaped pasta to make a quick side to Home Style Entrées Italian Season Turkey Breast with Tomato Basil Sauce. It comes with enough sauce to spoon over the pasta. Add a salad of mixed greens, diced tomatoes and olives topped with your favorite bottled



vinaigrette dressing and crumbled feta cheese for a tasty and easy dinner.

- Baked sweet potatoes microwave in just a few minutes and make a great accompaniment to Home Style Entrées Rotisserie Seasoned Turkey Breast with BBQ Sauce. Split open warm, fluffy sweet potatoes, top with a pat of butter or margarine and a dash of cumin to complete this flavorful meal.

- We’ve all grabbed a sandwich for dinner when we’re rushed, but why not plan a dinner of great tasting sandwiches? Try this delicious chicken Caesar sandwich using Butterball Sandwich Starters. Top two slices of heat-and-serve garlic bread with romaine lettuce and heated Sandwich Starters Classic Grilled chicken breasts, spoon Caesar salad dressing on top and sprinkle with shredded Parmesan cheese.

- This cheddar chicken bake sandwich is easy and delicious. Spread four slices of seven-grain bread with apricot preserves. Make two sandwiches with Sandwich Starters Mesquite

chicken breasts and slices of smoked cheddar cheese. Wrap sandwiches in aluminum foil and bake at 375 degrees for 15 to 20 minutes.

Home Style Entrées are fully cooked turkey breasts found in grocers’ fresh meat sections. They are seasoned, slow cooked and complemented by a tasty sauce or gravy. Four varieties include: rotisserie seasoned with BBQ sauce; herb seasoned with country herb gravy; Italian seasoned with tomato basil sauce; and oven roasted with roasted fruit glaze. Each 20 ounce package sells for approximately \$7.99.

Sandwich Starters are fully cooked, boneless/skinless chicken breasts that are ready to eat or heat in the microwave in about one minute. All three varieties—classic grilled, oven roasted and mesquite—are available in grocers’ packaged lunch meat sections. Each 5.5 ounce package contains two chicken breasts and sells for approximately \$2.99.

Check out www.butterball.com to learn about other products.