

# FAMILY MEAL TIPS

## On-Hand Ingredients Make Family Favorite Meals Easy

(NAPSA)—After the same tacos, cheeseburgers or take-out chicken nuggets week after week, moms know that it can be hard to find new ways to spin kid-favorite meals.

To prevent dinner monotony, moms may find it helpful to make-over family favorites.

“To add some ease and taste variety to the family dinner routine, we’ve created delicious, familiar recipes that can be ready in less than 45 minutes with on-hand ingredients,” said Maggie Gilbert, Betty Crocker Kitchens.

For even more contemporary, tasty recipes with a twist, visit [www.bisquick.com](http://www.bisquick.com).

### SALSA CHICKEN FIESTA

Prep: 15 minutes

Bake: 28 minutes

- ¾ cup Original Bisquick mix
- 2 tablespoons water
- 1 egg
- 1½ cups shredded cheddar cheese, divided
- 3 boneless skinless chicken breast halves, cut into ½-inch pieces
- 2 teaspoons vegetable oil
- 1¼ cups Old El Paso Thick ‘n Chunky Salsa

Heat oven to 400° F. Spray 8- or 9-inch baking pan with cooking spray.

Stir together baking mix, water and egg. Spread batter in prepared pan; sprinkle with 1¼ cups of cheese.

Cook and stir chicken in oil over medium-high heat until outsides turn white; drain. Stir in salsa; heat until hot. Spoon over batter in pan to within ½ inch of edges.

Bake 22 to 25 minutes or until edges are dark golden brown. Sprinkle with remaining cheese. Bake 1 to 3 minutes or until cheese melts; loosen from sides of pan. Makes 6 servings. High Altitude:



Try Salsa Chicken Fiesta for a new twist on family favorite tacos.

**tude:** Increase first bake time to 25-30 minutes.

### ULTIMATE CHICKEN FINGERS

Prep: 15 minutes

Bake: 14 minutes

- 3 or 4 boneless, skinless chicken breast halves (about 1 pound), cut crosswise into ½-inch strips
- ¾ cup Original Bisquick mix
- ½ cup grated Parmesan cheese
- ½ teaspoon salt or garlic salt
- ½ teaspoon paprika
- 1 egg, slightly beaten
- 3 tablespoons butter or margarine, melted

Heat oven to 450° F. Line cookie sheet with foil; spray with cooking spray. In 1-gallon plastic resealable bag, combine baking mix, cheese, salt and paprika. Dip half the chicken strips into egg; place in bag of coating mixture. Seal bag; shake to coat. Place chicken on cookie sheet. Repeat to use up remaining chicken. Drizzle butter over chicken.

Bake 12-14 minutes, turning halfway through bake time with pancake turner, until no longer pink in center. Makes 4 servings.