

FOOD news & notes

Good And Gluten-Free

(NAPSA)—If you're looking for a snack or meal that is delicious and free of gluten, several tasty yogurt products have recently satisfied testing requirements.

The Gluten-Free Certification Organization (GFCO) certified many Stonyfield Farm products to be gluten-free, so people who are gluten intolerant (celiac disease) can enjoy these foods without worry.



Certification ensures that products are gluten-free and can be enjoyed without worry.

Celiac disease is an autoimmune digestive disorder that damages the small intestine and interferes with absorption of nutrients from food. People who have celiac disease cannot tolerate a protein called gluten, found in wheat, rye and barley. Gluten intolerance affects 1 percent of Americans, and they need to read labels carefully since grain products may be added to many foods.

Fortunately, GFCO has reviewed Stonyfield recipes, ingredients and testing procedures, and the GFCO seal makes it easy to recognize a gluten-free food.

For more information, visit www.stonyfield.com.