

Pointers For Parents

Kid-Friendly Dinners With A Dash Of Imagination

(NAPSA)—Instead of spending valuable time cooking a family meal that may go untouched, leave dinner in the hands of youngsters by serving a finger-friendly spread that puts everything to the imagination.

Here are a few suggestions:

- **Introduce new foods alongside more familiar favorites.** Pair favorite vegetables and sauces with new additions to the table, such as Mrs. T's Pierogies. Encourage children to explore the new foods by using their sense of touch, smell and taste.



This Spooky Spider will quickly capture kids' appetites in its delicious web.

- **Serve food in a variety of shapes, sizes and colors.** Thinly sliced celery, diced green peppers and some olives and carrots can



An irresistible *Black Cat* can charm even the fussiest eaters.

magically transform an ordinary salad into an edible version of a *Black Cat*.

- **Inspire children to make edible works of art.** A serving of pierogies, fresh green beans, peas, and a favorite condiment can come together on a bright plate to form a *Spooky Spider* that is perfect for Halloween. This easy-to-make and fun-to-eat design is ideal for kids who get restless at the dinner table.

Motivating children to have a hand (or two) in dinner selection and preparation is a great way to ensure clean plates with no meal-time headaches. Lay out a few ingredients and watch imaginations run wild. For more fun food ideas, visit www.pierogies.com.