For most women, staying healthy is a priority. But how do you know which screenings and other preventive services are right for you—and when? Talk with your doctor about conditions you might need to watch for based on your age and other risk factors. And ask about the latest recommendations on how to stay healthy from the U-S Preventive Services Task Force—an independent group of national experts in disease prevention. Or visit u-s-preventive-services-task-force-dot-org.