DRY EYE, OR IS IT ALLERGIES?

Two common eye problems are dry eyes and eye allergies. The symptoms are similar, so it’s important to have a medical eye exam by an ophthalmologist to determine the appropriate treatment. Eye allergy symptoms come from sensitivity to molds, pollen, dust, grass or other allergens. Dry eye is a complex disease. Symptoms may include sensitivity to light, dryness, itchiness, feeling something in the eye, eye fatigue, and excess eye watering. If your eyes remain irritated, see an ophthalmologist for a medical eye exam. If you’re concerned about the cost of the exam, the American Academy of Ophthalmology’s Eye-Care America program provides medical eye care, often at no out-of-pocket cost to seniors and those who are at increased risk for eye disease. Since 1985, the program has helped more than two million people with sight-saving eye care and resources. To see if you or your loved ones are eligible, visit Eye-Care-America-dot-org, that’s e-y-e-care-america-dot-org.