SKIN SENSE

FACE FACTS: C-B-D OIL, a part of hemp and marijuana that won’t get you high, can be good for your skin. It’s an anti-inflammatory, so it can help diminish acne breakouts and reduce redness and excessive oil. Its vitamin and antioxidant properties can lessen visible signs of aging. And it soothes sensitive skin. Studies suggest it even helps with psoriasis and eczema. You can find C-B-D products in the luxury skin care line from Mermaid Wizdom. Learn more at Mermaid-Wizdom-[with a z]--dot--com.