## **FITNESS FACTS**

Are everyday aches and pains stopping you from being more active? Would you like to try a natural option with no side effects absolutely FREE? There's good news! Relief First, a breakthrough dietary supplement, awarded four patents, is proven to relieve pain and inflammation. Relief First is a powerful blend of anti-inflammatories like a unique rice bran extract and a special form of glucosamine that blocks the inflammation that causes pain. Increase your flexibility, ease joint discomfort and improve joint mobility in just days. For a free Trial, go to Greens-First--dot--com and enter R-E-L-I-E-F or call 8-6-6--4-1-0--1-8-1-8. That's Greens-First--dot--com and enter R-E-L-I-E-F, for a limited time, to try Relief First absolutely FREE.