

GOT FIVE MINUTES—GET A FULL-BODY WORKOUT

THE KEY TO A HEALTHIER, FITTER YOU COULD BE IN THE PALM OF YOUR HAND— THAT IS, IF YOU’RE HOLDING THE NEW BLUETOOTH-ENABLED, ACTIV-FIVE STRENGTH TRAINING DEVICE. ACTIV-FIVE IS A PORTABLE FITNESS DEVICE AND MOBILE APP THAT CONNECTS TO YOUR SMARTPHONE TO COACH YOU THROUGH OVER A HUNDRED DIFFERENT FIVE-MINUTE, LOW-IMPACT, FULL-BODY ISOMETRIC WORKOUTS. NOW, PROFESSIONALS WHO SIT ALL DAY, TRAVELERS, SENIORS, PARENTS, STUDENTS, VIRTUALLY ANYONE CAN EXERCISE AND STAY ACTIVE ANYWHERE. TO LEARN MORE ABOUT ACTIV-FIVE, GO TO GET-ACTIV-FIVE--DOT--COM, THAT’S G-E-T-A-C-T-I-V-- [THE NUMERAL]--FIVE--DOT--COM.