

POINTERS FOR PARENTS

NEW RESEARCH SHOWS POPULAR KIDS WHO PUBLICLY STAND UP AGAINST BULLYING MAY ACTUALLY HELP MORE THAN SCHOOL OFFICIALS TO CURB THE BEHAVIOR. EMPOWERING YOUTH TO INTERRUPT AND DISRUPT BULLYING CAN ALSO HELP REDUCE LONG-TERM MENTAL HEALTH EFFECTS. ENCOURAGE YOUR CHILDREN TO STAND UP AND HELP STOP BULLYING IN ITS TRACKS, SUGGESTS DOCTOR COLLEEN LOGAN, PROGRAM DIRECTOR FOR THE MASTER OF SCIENCE IN MARRIAGE, COUPLE, AND FAMILY COUNSELING AT WALDEN UNIVERSITY. LEARN MORE AT WALDEN-U--DOT--E-D-U--SLASH--BULLY--PREVENTION.