

POINTERS FOR PARENTS

COOKING WITH YOUR CHILDREN CAN BE A REWARDING ACTIVITY. IT TEACHES THEM ABOUT NUTRITION, GIVES THEM A USEFUL LIFE SKILL, AND EXERCISES THEIR KNOWLEDGE OF MATH AND READING. IT CAN ALSO BE A LOT OF FUN AND GIVE YOU A NEW WAY TO BOND AS A FAMILY. IT CAN, HOWEVER, TAKE TIME, AND MOST PEOPLE, WHEN THEY COME HOME FROM WORK, WANT TO GET DINNER ON THE TABLE AS QUICKLY AS POSSIBLE. FORTUNATELY, THE RISING POPULARITY OF VACATION HOME RENTALS THAT FEATURE KITCHENS HAS LED MANY FAMILIES TO TURN VACATION TIME INTO AN OPPORTUNITY TO TEACH CHILDREN COOKING SKILLS. ALSO, COOKING ON VACATION CAN BE A MAJOR BUDGET HELPER. HERE ARE HINTS THAT CAN HELP: FIND KID-FRIENDLY RECIPES ONLINE AND HAVE YOUR KIDS HELP WITH IDEAS. ON YOUR FIRST DAY AT THE RENTAL, GET ALL THE INGREDIENTS YOU'LL NEED FOR THE WEEK AT A GROCER'S OR FARMER'S MARKET. FOR KID-FRIENDLY RECIPES TO MAKE ON VACATION, SEE VACATION-DIFFERENTLY--DOT--COM. THAT TRAVEL RESOURCE ALSO FEATURES GREAT TIPS ON FAMILY TRAVEL, IDEAS FOR ACCOMMODATIONS, AND OTHER WAYS TO MAKE YOUR NEXT TRIP EXCEPTIONAL IN AUTHENTIC PLACES TO CALL HOME WHILE AWAY.