

HEALTH AWARENESS

AS MANY AS FIFTEEN MILLION AMERICANS SUFFER FROM I-B-S-D—OR IRRITABLE BOWEL SYNDROME WITH DIARRHEA—A CHRONIC DISORDER MARKED BY RECURRING DIARRHEA AND ABDOMINAL PAIN. WHILE COMMON, I-B-S-D CAN BE DIFFICULT TO TALK ABOUT, AND MANY DELAY SEEKING MEDICAL HELP. A RECENT SURVEY SHOWED THAT SIXTY-SEVEN PERCENT OF PEOPLE WITH I-B-S-D SUFFER FOR MORE THAN A YEAR BEFORE SEEING A DOCTOR. FOR ANYONE STRUGGLING WITH I-B-S-D, THERE IS A NEW ONLINE RESOURCE CALLED I-B-S-D-ON-TRACT--DOT--COM, WITH HELPFUL CONTENT INCLUDING A SYMPTOM TRACKER AND DOCTOR DISCUSSION GUIDE. VISIT I-B-S-D-ON-TRACT--DOT--COM TODAY.