

90 WORDS, 30 SECONDS

HEALTH BULLETIN

THE WORLD HEALTH ORGANIZATION WARNS THAT MILLIONS MAY BE EXPOSED TO THE ZIKA VIRUS—BUT YOU DON'T HAVE TO BE. TO PROTECT YOURSELF, ELIMINATE STANDING WATER, A MOSQUITO-BREEDING AREA, AROUND YOUR HOUSE. USE A PERSONAL INSECT REPELLENT WITH AN ACTIVE INGREDIENT OF EITHER DEET, PICARIDIN OR OIL OF LEMON EUCALYPTUS, AVAILABLE FROM BRANDS LIKE CUTTER AND REPEL, WHICH ARE RECOMMENDED BY THE NATIONAL INSTITUTES OF HEALTH FOR EFFECTIVE, LONG-LASTING PROTECTION. LEARN MORE AT REPEL--DOT--COM--SLASH--ZIKA-INFO AND CUTTER-INSECT-REPELLENTS--DOT--COM--SLASH--ZIKA-INFO.