

81 words, 30 seconds

POINTERS FOR GRANDPARENTS

IF YOU'RE A NEW GRANDPARENT, IT MAY HAVE BEEN AWHILE SINCE YOU LAST LOOKED AFTER A BABY. DID YOU KNOW THAT THE SAFEST WAY FOR BABIES TO SLEEP IS ON THEIR BACKS? SUDDEN INFANT DEATH SYNDROME, OR SIDS, IS THE LEADING CAUSE OF DEATH IN INFANTS BETWEEN 1 MONTH AND 1 YEAR OF AGE. YOU CAN REDUCE THE RISK OF SIDS BY PLACING BABIES ON THEIR BACKS TO SLEEP FOR ALL SLEEP TIMES—FOR NAPS AND AT NIGHT. TO LEARN MORE, CALL 1-800-5-0-5-CRIB.