

RADIO ROUNDUP

a collection of features, oddities,
and helpful tips



**NORTH AMERICAN
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89 WORDS, 30 SECONDS

SKIN SENSE

WHEN THE WEATHER GETS ROUGH, SO CAN YOUR SKIN. COLD AIR OUTSIDE, DRY AIR INSIDE CAN MEAN TIGHT, DRY, UNCOMFORTABLE FACE, HANDS AND FEET, EXPLAINS DOCTOR MICHAEL SMITH. THE ANSWER, HE ADDS, IS IN THE CERAMIDES (SEHR-A-MYDZ) THAT HELP HOLD SKIN CELLS TOGETHER. TO BUILD THESE UP, DOCTOR SMITH SUGGESTS A FOOD SUPPLEMENT MADE FROM WHEAT GERM OIL AND CALLED ADVANCED SKIN REPAIR WITH CERAMIDES. CLINICAL STUDIES SHOW IT CAN REDUCE ROUGHNESS AND ITCHINESS WHILE IMPROVING SKIN OVERALL. LEARN MORE FROM LIFE EXTENSION AT L-E-SKIN-REPAIR--DOT--COM.