

91 words, 30 seconds

## HEALTHY AIR, HEALTHY HOME

Homeowners can breathe cleaner air and create a healthy home ecosystem by cleaning and maintaining their H-V-A-C system. Regular preventative maintenance can mean trouble-free operation and peak performance from your home's heating system as well. A complete cleaning should be done annually, explain the experts at the National Air Duct Cleaners Association. This will save energy and expense and have you breathing clean with improved indoor air quality. To learn more and to find a nearby certified professional cleaner, see N-A-D-C-A--DOT--COM.