and helpful tips



NORTH AMERICAN PRECIS SYNDICATE, INC.

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188 WORDS, 60 SECONDS

SAFETY SENSE

EVERY DAY, MORE THAN A HUNDRED AND FIFTY AMERICANS ARE INJURED FALLING FROM HEIGHTS. WHETHER YOU WORK UP HIGH PROFESSIONALLY OR TO DO PROJECTS AROUND YOUR HOUSE, YOU CAN AVOID BECOMING PART of this painful statistic if you consider these questions: When you CLIMB, DO YOU MAINTAIN TIE-OFF? THAT IS, ARE YOU ALWAYS CONNECTED TO A RESTRAINT OR FALL-ARREST SYSTEM AND TO THE STRUCTURE YOU'RE CLIMBING. DID YOU FALL FOR THE "SIX-FOOT RULE"? IT'S A MYTH THAT PEOPLE WHO STAY SIX FEET FROM AN UNPROTECTED EDGE ARE SAFE. IN TRUTH, SIMPLE SPACE WON'T PREVENT FALLS. YOU CAN UNCONSCIOUSLY COME TOO CLOSE TO THE EDGE OR SLIP AND SLIDE OFF. DO YOU WEAR THE RIGHT-SIZE HARNESS? IT'LL WORK RIGHT ONLY IF IT FITS SNUGLY. DO YOU HAVE AN ESCAPE AND RESCUE PLAN? ACCORDING TO A RECENT SURVEY BY THREE-M FALL PROTECTION, ONE OUT OF FIVE COMPANIES WITH WORKERS AT RISK DON'T HAVE ONE. TO SEE WHY USING FALL PROTECTION EQUIPMENT IS JUST AS IMPORTANT AS OTHER SAFETY GEAR, VISIT (THE NUMERAL)-3-M--DOT--COM--SLASH--FALL-PROTECTION AND WATCH THE "MAKE IT HOME" VIDEO.