and helpful tips



## NORTH AMERICAN PRECIS SYNDICATE, INC.

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89 WORDS, 30 SECONDS

## HELPING ELDERLY LOVED ONES MOVE

Moving a loved one with dementia or Alzheimer's can be equally stressful to the caregiver and the loved one who is afflicted. Before the move, make your loved one's new space look and feel as familiar as possible. Decorate the area with a treasured quilt, a shelf with special items, a favorite chair or other meaningful possessions. Familiar belongings can trigger feelings of connectedness and ownership, as well as boost your loved one's sense of security. Learn more by visiting the Moving Tips section of Cable Mover--dot--com.