

NORTH AMERICAN PRECIS SYNDICATE, INC.

415 Madison Avenue, 12th Fl. New York, New York 10017

91 WORDS, 30 SECONDS

HELPING OLDER AMERICANS

Some eleven million seniors living alone and another million and a half in nursing homes could use your help. Local community-based organizations, and state and local governments have set up programs to give these people services, meals and social opportunities. The programs need older adult volunteers who can give an hour. In one hour, you can visit an elderly neighbor, volunteer at a nursing home or deliver a warm meal to someone in need. Learn more from the Aging Network's Volunteer Collaborative at Give-it-back-to-Seniors-dot-org.