

91 WORDS, 30 SECONDS

## DOCTOR'S ADVICE

(BEGIN SOUND BITE): "HELLO, I'M DOCTOR LUCIANN HRUZA, A DERMATOLOGIST IN SAINT LOUIS, MISSOURI, HERE WITH SKIN CARE ADVICE. MOST AMERICANS SPEND ABOUT A HUNDRED MINUTES A DAY IN A CAR—AND THAT CAN ADD UP TO SERIOUS SKIN DAMAGE. THAT'S BECAUSE HARMFUL ULTRAVIOLET A RAYS CAN PENETRATE GLASS, SO YOU AND YOUR FAMILY ARE EXPOSED IF YOUR WINDOWS ARE NOT PROTECTED. THE SKIN CANCER FOUNDATION RECOMMENDS ADDING A SUNBLOCKING FILM TO YOUR CAR WINDOWS. AND REMEMBER, ALWAYS WEAR SUNSCREEN. YOU CAN LEARN MORE AT SKIN-CANCER-DOT-ORG." (END SOUND BITE)

**BROADCASTERS' NOTE:** WHILE MAY IS NATIONAL SKIN CANCER AWARENESS MONTH, THIS SPOT CAN BE HELPFUL TO YOUR LISTENERS AT ANY TIME.