

106 words, 30 seconds

DENTAL HEALTH

Excessive daytime tiredness may be linked to your anatomy. That's the word from experts who say the condition called sleep apnea comes from not having enough space in the throat for air to go down into your lungs. Fortunately, there are options. Doctor Mark Duncan of the Las Vegas Institute for Advanced Dental Studies says (Begin *Sound Bite*): **"Sleep Apnea can be treated without surgery with a simple dental device called an orthotic, which works a lot like an athlete's mouth guard."** (End *Sound Bite*) Effective orthotics are built by specially trained neuromuscular dentists who have computerized fitting equipment. To learn more and find a neuromuscular dentist, visit leadingdentist--dot--com.

Note To Broadcasters: Sound Bite available on CD. For more information, please call the Media Relations Department at 1-800-222-5551.