

93 WORDS, 30 SECONDS

NEWS OF OLDER AMERICANS

Many seniors get care they need, thanks to alert friends and family recognizing certain warning signs. These can include a change in hygiene, mail piling up, housework undone, unexplained bruises, mood swings, and decreased participation in activities once enjoyed. If someone you care about experiences any of that, you may be glad to know he or she can still live comfortably and independently at home with assistance from a professional caregiver. To learn more, download Interim Health-Care's free in-home Senior Care Decision Guide at interim-health-care-dot-com-slash-t-v.