

# RADIO ROUNDUP

a collection of features, oddities,  
and helpful tips



**NORTH AMERICAN  
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91 WORDS, 30 SECONDS

## EYE ON HEALTH

IF YOU'RE LIKE EIGHTY PERCENT OF PEOPLE, GLARE AND BRIGHT LIGHT OUTDOORS AFFECT YOUR SIGHT. ONE IN FOUR PEOPLE BELIEVE GLARE OR BRIGHT LIGHTS CAUSE THEIR HEADACHES. TO HELP, THERE ARE CLEAR PRESCRIPTION EYEGGLASS LENSES DESIGNED TO BOTH DARKEN AND POLARIZE. OPTOMETRIST DOCTOR BRIAN CHOU (CHOO) RECOMMENDS TRANSITIONS VANTAGE LENSES FOR THOSE WHO SPEND TIME OUTDOORS AND CAN BENEFIT FROM A LENS THAT SHIELDS EYES FROM EVERYDAY GLARE. THE LENSES ALSO BLOCK A HUNDRED PERCENT OF U-V RAYS. LEARN MORE AND FIND AN EYE DOCTOR NEARBY AT [TRANSITIONS--DOT--COM](http://TRANSITIONS--DOT--COM).