

170 words, 60 seconds

ADVANCES IN DIABETES TREATMENT

New needle innovations are helping patients with diabetes inject INSULIN MORE COMFORTABLY, THEY ALSO DISPEL THE MYTH THAT INJECTIONS ARE PAINFUL, MILLIONS OF PEOPLE INJECT INSULIN EVERY DAY, BUT MANY PATIENTS MAY NOT KNOW THAT USING A SHORTER NEEDLE CAN MAKE INJECTIONS MORE COMFORTABLE. THE BENEFITS OF NEEDLES AS SHORT AS FOUR MILLIMETERS INCLUDE A SIGNIFICANTLY DECREASED CHANCE OF HITTING THE MUSCLE WHEN INJECTING AND THE ABILITY TO INJECT USING ONLY ONE HAND, THAT'S BECAUSE MOST PATIENTS DON'T HAVE TO PINCH UP THEIR SKIN WHEN USING FOUR-MILLIMETER NEEDLES. WITH A ONE-HANDED TECHNIQUE, IT IS EASIER TO INJECT DISCREETLY. IT'S ALSO EASIER TO ROTATE TO EVEN MORE INJECTION SITES SO YOU CAN AVOID GETTING BUMPS UNDER THE SKIN. THE EXPERTS AT THE AMERICAN Association of Diabetes Educators advise patients to use the SHORTEST NEEDLE POSSIBLE. ONE WAY TO ENSURE YOU'RE USING THE MOST COMFORTABLE PEN NEEDLE IS TO ASK YOUR HEALTH CARE PROFESSIONAL ABOUT AVAILABLE NEEDLE OPTIONS. YOU CAN FIND MORE INFORMATION AT B-D--DOT--COM--SLASH--NANO.