

A Sweet And Savory Side

(NAPS)—Here's a delicious twist on an old favorite: creamy, cheesy, scalloped sweet potatoes, an easy-to-make casserole that will wow everyone at the table. High in fiber and loaded with vitamins and minerals, California sweet potatoes add just a hint of sweetness to this rich and savory dish. Serve it next to your Easter ham, your Thanksgiving turkey or with a store-bought roasted chicken on a regular old Wednesday night. Deliciously indulgent, it'll be your new favorite side dish.



Any meal will be better with these creamy, cheesy, scalloped sweet potatoes.

Creamy, Cheesy, Scalloped Sweet Potatoes

Serves 8 to 10

- 1½ pounds each orange-fleshed and yellow/white-fleshed sweet potatoes, peeled and cut into ¼-inch-thick slices, divided
- 2 cups shredded Gruyère cheese, divided
- 2½ cups heavy cream
- 2 tablespoons chopped fresh thyme
- 1½ teaspoons each salt and pepper
- 1 teaspoon dry mustard
- ½ teaspoon ground nutmeg
- ¼ teaspoon each garlic and onion powder

Preheat oven to 400° F. Oil 9-by-13-inch baking pan or 2½- to 3-quart casserole dish. Layer half of sweet potatoes in dish, mixing colors. Sprinkle with half of cheese. Add remaining sweet potatoes and set aside. In small saucepan over medium-high heat, combine cream with herbs and spices. Cook until bubbles appear at edges of saucepan. Pour cream mixture over sweet potatoes. Sprinkle with remaining cheese, cover loosely and bake until almost tender, about 45 minutes. Uncover and continue baking until tender, about 15 minutes.

Learn More

For more recipes, nutritional info and tips, go to www.casweetpotatoes.com.

Editor's Note: This story can be useful to anyone and of particular interest to readers in the states of California, Arizona, Oregon, Washington, Nevada, Utah and Idaho.